

FAMILY CONNECTIONS

CONEXIONES FAMILIARES



ROUTT COUNTY
YOUTH SERVICES
COALITION

A Family Resource Guide

For families with children in Routt County
(pregnancy through the teen years)

*Una guía de recursos para las familias
con hijos en el condado Routt
(embarazo durante la adolescencia)*

ROUTT COUNTY YOUTH SERVICES COALITION

RCYSC promotes connection, collaboration, and increased visibility among families and organizations to support youth services in Routt County.

youthinroutt.org.

As a parent or caregiver, it can be challenging to find or know about all of the resources available for your family. This guidebook is intended to be a comprehensive guide for families in Routt County to navigate community services, resources, and programs.

***Disclaimer:** RCYSC is not specifically endorsing/vetting entities listed in this directory. RCYSC is simply providing the most comprehensive and up-to-date info as possible.*

Información de la Coalición de Servicios a la Juventud del Condado de Routt

RCYSC promueve la conexión, la colaboración y el aumento de la presencia entre las familias y las organizaciones para apoyar los servicios para jóvenes en el condado de Routt. youthinroutt.org.

Mensaje de bienvenida

Como padre o cuidador, puede ser difícil encontrar o conocer todos los recursos disponibles para su familia. Esta guía está destinada a ser una guía completa para las familias en el condado de Routt para navegar por los servicios, recursos y programas comunitarios.

***Descargo de responsabilidad:** RCYSC no respalda ni examina específicamente las entidades enumeradas en este directorio. RCYSC simplemente proporciona la información más completa y actualizada posible.*



ROUTT COUNTY
YOUTH SERVICES
COALITION

WELCOME

BIENVENIDOS

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24/7/365 SERVICES

24/7/365 SERVICIOSA

Advocates of Routt County Safeline

970.879.8888 (crisis hotline)/
970.879.2034 (office)
465 Anglers Dr. Ste. B, Steamboat, CO 80477
M-Th 8am-6pm

Confidential and immediate local support to those affected by domestic violence, sexual assault, or abusive relationships in any language. Also serving the young population from 5 to 25 years old.

Apoyo local confidencial e inmediato a los afectados por la violencia doméstica, la agresión sexual o las relaciones abusivas

24/7

Colorado Child Abuse and Neglect Hotline

Report child abuse and neglect. Services available in any language.

Denunciar abuso y negligencia infantil. Servicios disponibles en cualquier idioma. 844.CO.4.KIDS or 844.264.5437

24/7

Colorado Crisis Services Hotline

988 OR 844.493.8255 OR Text 38255
Mental health, substance use, or emotional crisis help, information and referrals. Local mobile crisis assessments available.

Ayuda, información y referencias sobre salud mental, consumo de sustancias o crisis emocionales. Evaluaciones locales de crisis móvil disponibles.

24/7

Law Enforcement or Emergency Medical Services **911**

Servicios de aplicación de la ley o servicios médicos de emergencia 24/7

Suicide and Crisis Lifeline **988**

Salvavidas para el suicidio y las crisis 24/7

National Maternal Mental Health Hotline

1.833.852.6262 Call OR
Text. TTY 711 then 1.833.852.6262

Confidential support, resources and referrals to any pregnant and postpartum mothers. Services available in most languages. Not a crisis line.

Apoyo confidencial, recursos y referencias a cualquier madre embarazada y posparto.

24/7

National Suicide Prevention Lifeline

Call or Text 988 OR 1.800.273.8255.
TTY 711 then 988. Text with a Veterans Crisis Line responder 838255

National network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress. Services available in any language.

Red nacional de centros de crisis locales que brinda apoyo emocional gratuito y confidencial a personas en crisis suicidas o angustia emocional.

24/7

Rocky Mountain Poison and Drug Safety

Poison help line 1.800.222.1222
(Web chat, email, and online help)
1391 Speer Blvd., Ste. 600, Denver, CO 80204

Guidance regarding incidents of poisoning and drug overdoses

Orientación sobre incidentes de intoxicación y sobredosis de drogas

24/7

UCHealth Emergency Department - Yampa Valley Medical Center

970.879.1322
1024 Central Park Drive, Steamboat, CO 80487

Emergency center. Services available in any language.

Centro de emergencia

URGENT CARE / ATENCIÓN DE URGENCIAS

Mind Springs Health

888.207.4004 (crisis hotline)
970.879.2141 (office)
407 S. Lincoln Ave., Steamboat
M-F/Lunes-Viernes 8am-5pm

For urgent support with mental health or substance use

Para apoyo urgente con la salud mental o el uso de sustancias

Steamboat Medical Group

970.879.0203
M-F 8am-7pm, Sa 9am-3pm, Su 9am-1pm
1475 Pine Grove Road #102, Steamboat
M-F/Lunes-Viernes 8am-5pm
Sa/Sabado 9am-3pm,
Su/Domingo 9am-1pm

A clinic specializing in acute and primary care.

Clínica especializada en atención primaria y aguda.

UCHealth Urgent Care Steamboat Springs

970.871.9770
1600 Mid Valley Drive Unit A,
Steamboat Springs, CO 80487
M-F/Lunes-Viernes 8am-7pm,
Sa/Sabado & Sun/Domingo 8am-6pm

Urgent care center

Centro de atención urgente



ART, DANCE, MUSIC

ARTE, DANZA, MÚSICA

Elevation Dance Studio

Ages/Edades 3-18
970.871.1880
326 Oak St., Steamboat
elevationdancestudio.com

Dance classes in ballet, contemporary, jazz, hip-hop and tap

Clases de danza jazz contemporáneo, ballet, hip-hop y tap
Year-Round/Todo el año

Music Together of Steamboat

Ages/Edades 0-5 with caregiver/con cuidador
619.838.1008
1955 Bridge Ln., Steamboat
musictogethersteamboat.com

Music classes for children and families

Clases de música para niños y familias
Year-Round/Todo el año

Perry-Mansfield Performing Arts School and Camp

Ages/Edades 3+
970.879.7125
40755 County Rd. 36, Steamboat
perry-mansfield.org

Nationally recognized performing arts program year round and equestrian summer programs

Programas reconocidos a nivel nacional de artes escénicas y ecuestres
Year-Round/Todo el año

Steamboat Academy of Music & Dance

All Ages/Todas las edades
970.716.7262
350 S. Lincoln, Steamboat
steamboatacademyofmusicanddance.com

Offers private lessons in piano, voice, violin, viola, cello, stand up bass, flute, saxophone and drums

Ofrece lecciones privadas de piano, canto, violín, viola, cello, bajo de pie, flauta, saxófono y batería.
Year-Round/Todo el año

Steamboat Creates

Ages/Edades 5+
970.879.9008
1001 13th St., Steamboat
steamboatcreates.org

Art classes, camps and galleries

Clases de arte, campamentos y galerías.
Year-Round/Todo el año

Strings Music Pavilion

All Ages/Todas las edades
970.879.5056
900 Strings Rd., Steamboat
stringsmusicfestival.com

Weekly summer kids concerts, and family concerts throughout the year

Concierto de niños de verano semanales y conciertos de la familia a lo largo del año
Year-Round/Todo el año

Ware Home Studios - Kids Ceramics

Ages/Edades 8+
970.846.5156
2520 Copper Ridge Dr., Unit C2, C3 & C4,
Steamboat
warehomestudios.com

Youth Camps, Workshops

Campamentos juveniles, talleres
Year-Round/Todo el año

Youth Art Lab

Ages/Edades 6-18
970.276.0500
495 W Jefferson Ave., Hayden
haydencolorado.com/haydencenter

Creative Arts for Youth Artes

Creativas para jóvenes.
Summer/Verano

You Out Loud

High School/Escuela preparatoria
Steamboat
yououtloudroutt.com

Self-expression through the arts, in all mediums

Autoexpresión a través de las artes, en todos los medios
Year-Round/Todo el año

ATHLETICS

ATLETISMO

CR Summit - Horseback Riding

All ages/Todas las edades
970.879.6201
33255 Creek Summit Lane, Steamboat
crsummit.com

Horseback riding

Montar a caballo

Summer & Fall/Verano y Otoño

Cycle Effect

Ages/Edades 10-18
970.306.7572
Routt County
thecycleeffect.org/youthprograms

Mountain biking for young women

Ciclismo de montaña para mujeres jóvenes

Year-Round/Todo el año

Excel Gymnastics of Steamboat

Ages/Edades 1+
970.879.3467
1955 Bridge Lane, Suite 1500, Steamboat
879-egos.com

Youth gymnastics

Gimnasia juvenil

Year-Round/Todo el año

Hayden Youth Sports

All ages/Todas las edades
970.276.0500
Hayden
haydencolorado.com/haydencenter/

Various youth athletics

Varios deportes juveniles.

Year-Round/Todo el año

High Altitude Basketball (HAB)

Ages/Edades 6-18
970.819.8194
Steamboat and Hayden
highaltitudebasketball.org

Providing basketball opportunities for all

Diseñado para niños y niñas que quieren aprender los fundamentos del baloncesto

Year-Round/Todo el año

Oak Creek Kodiaks - Ice Hockey

Ages/Edades 6-12
ockodiaks@gmail.com
222 Kodiak Lane, Oak Creek
oakcreekkodiaks.org

Winter ice hockey and summer street hockey programs.

Programas de hockey sobre hielo de invierno y hockey callejero de verano.

Summer & Winter/Verano y Invierno

Steamboat Adaptive Recreational Sports (STARS)

All Ages/Todas las edades
970.870.1950
35465 US Hwy 40, Steamboat
steamboatstars.com

Adaptive recreational activities, programs and camps

Actividades recreativas adaptables, programas y campos

Summer & Winter/Verano y Invierno

Steamboat PGA Jr. League

Ages/Edades 4-17
970.846.3863
428 Emerald Ct., Steamboat
pgajrleague.com/junior-league-events/
d94ad054-8133-47a9-90d7-ac0408619867

Jr. Golf program

Programa de golf para jóvenes

Summer/Verano

Steamboat Shorty's - Toddler Soccer

Ages/Edades 3-5
steamboatshortys@gmail.com
Steamboat
sites.google.com/view/
steamboatshortys/home

Youth soccer

Patinaje sobre hielo juvenil

Summer/Verano

Steamboat Skating Club

Ages/Edades 4+

970.875.4861

285 Howelsen Pkwy., Steamboat
steamboat skatingclub.org

**Youth soccer offering leagues, camps,
and coaching for youth**

Patinaje sobre hielo juvenil

Year-Round/Todo el año



Steamboat Soccer Club

Ages/Edades 5-19

970.870.1520

2667 Copper Ridge Cir. Unit 2, Steamboat
steamboat-soccer.com

**Youth soccer offering leagues, camps, and
coaching for youth**

Fútbol juvenil y entrenamiento para jóvenes

Year-Round/Todo el año

Steamboat Springs Brazilian Jiu Jitsu

Ages/Edades 5 to 14

970.367.7353

1955 Bridge Lane, Suite 1500, Steamboat
steamboatbjj.com

Youth jiu jitsu

Year-Round/Todo el año

Steamboat Springs Winter Sports Club

Ages/Edades 3+

970.879.0695

845 Howelsen Pkwy., Steamboat
sswsc.org

**Provides sports, training, coaching
and youth development**

Deportes, formación, entrenamiento y desarrollo juvenil

Year-Round/Todo el año

Steamboat Flag Football

Ages/Edades 5-12

305.587.9104

Steamboat
steamboatflagfootball.com

Youth Flag Football

Fútbol de bandera juvenil

Summer & Fall/Verano y Otoño

Steamboat Girls Lacrosse

Ages/Edades 8-14

970.819.4885

Steamboat
steamboatgirlslacrosse.sportsengine-prelive.com

Youth Girls lacrosse

Lacrosse juvenil para niñas

Fall & Spring / Otoño y primavera

Steamboat Youth Baseball

Ages/Edades 4.5-13

yampavalleybaseball@gmail.com

Steamboat
yampabaseball.org

**Youth baseball programs offering
instructional and competitive leagues**

*Programas de beisbol y softball juvenil
con ligaseducacionales y competitivas*

Summer/Verano

Steamboat Youth Hockey

Ages/Edades 5+

970.846.2098

285 Howelsen Pkwy., Steamboat
steamboatyouthhockey.com

Hockey programs

Programas de hockey

Fall, Winter, Spring / Otoño, Invierno, Primavera

Steamboat Youth Lacrosse

Ages/Edades 8+

970.846.0627

Steamboat
steamboatyouthlacrosse.sportngin.com

Lacrosse programs

Programas de lacrosse

Fall & Spring/Otoño y primavera

Whiteout Volleyball Club

Age/Edades 10-18

whiteoutvolleyball@gmail.com

Steamboat
whiteoutvolleyball.com

Traveling volleyball recreational league

Liga de voleibol

Summer & Winter/Verano y Invierno

AFTER SCHOOL

DESPUÉS DEL COLEGIO

Afterschool Action and School Days Off

Ages/Edades 5-11

970.879.4300

245 Howelsen Pkwy., Steamboat
steamboatsprings.net/846/School-Year-Programs

Programs for afterschool & no school days

*Programas para después de días escolares
y los días cuando no hay clases*

School Year/Año escolar

Boys & Girls Club of Northwest Colorado

Ages/Edades 6-18

970.871.3160

325 7th St., Steamboat
bgcnwc.org/steamboat-club/

Afterschool and summer program. Activities & programs focusing on leadership, healthy lifestyles & academic success

*Actividades y programas que se centran en la
capacidad de liderazgo, estilos de vida
saludables y el éxito escolar*

Year-Round/Todo el año

Hayden Center

Ages/Edades 3-18

970.276.0500

495 W Jefferson Avenue, Hayden
haydencolorado.com/haydencenter/

Summer camp, afterschool programs and youth recreation

*Campos de verano, programas después de la
escuela, y recreo para jóvenes*

Year-Round/Todo el año

Kids Garden

Ages/Edades 4-12

970.457.4466

345 Anglers Dr., Steamboat
kidsplaygarden.com

Art-based after school programs

Programas de arte extraescolares

Year-Round/Todo el año

North Routt Community Charter School

Ages/Edades 4-12

970.871.6062

26990 Eagle Ln. Clark
northrouttcharter.org

After school programs

Monday through Thursday

Programas extraescolares de Lunes a Jueves

School Year/Año escolar

Recreation Department of Oak Creek

Ages/Edades 5-12

970.736.2422

129 Nancy Crawford Blvd., Oak Creek
townofoakcreek.com/parks-recreation

Summer camp, afterschool programs and youth recreation

*Campos de verano, programas después de
la escuela, y recreo para jóvenes*

Year-Round/Todo el año

Totally Kids

Ages/Edades 5 to 11

970.846.9083

178 W Jefferson Avenue, Hayden
haydentotallykids.com

Programs for afterschool, no school days, and summer day camp.

*Programas extraescolares, para días en que no
hay clases y campamentos de verano.*

Year-Round/Todo el año



CAMPS

CAMPAMENTOS

All camps listed in this section offer half or full multi-day programs in Routt County. Consult websites for specific dates and registration information. / Todos los campamentos listados en esta sección ofrecen programas de medio día o de día completo en el condado de Routt. Consulte los sitios de Internet para conocer las fechas específicas y la información sobre la inscripción.

DAY CAMPS / CAMPAMENTOS DE DÍA

Boys and Girls Club

Ages/Edades 6-14
970.871.3160
325 8th St., Steamboat, CO 80487
bgcnwc.org/summercamp/

A safe, positive place for the kids

El Club Boys & Girls ofrece un lugar seguro y positivo para los niños
Summer/Verano

City of Steamboat Springs Summer Camp - Adventures, Explorers, or Mountaineer Camps

Ages/Edades 5-12
970.879.4300
245 Howelsen Pkwy., Steamboat
steamboatsprings.net/848/Summer-Programs

Licensed summer camp programs exploring the yampa valley

Programas licenciados de campamento de verano explorando el Valle de Yampa
Summer, Year-Round/Verano, Todo el año

Hayden Totally Kids Summer Camp

Ages/Edades 5-12
970.846.9083
495 W. Jefferson Ave., Hayden
haydentotallykids.com

Day camp and after school programs with indoor and outdoor activities

Campamento de día y programas después de la escuela con actividades adentro y afuera
Year-Round/Todo el año

Kids Garden Adventure Summer Camp

Ages/Edades 3-12
970.457.4466
345 Anglers Dr. B, Steamboat
kidsplaygarden.com

Each week of summer camp brings a new kid-friendly theme and creative learning activity

Cada semana del campamento de verano trae una nueva temática para niños y una actividad de aprendizaje creativa.
Summer/Verano

North Routt Community Charter School

Ages/Edades 3-12
970.871.4559
26990 Eagle Ln, Clark, CO 80428
northrouttcharter.org

Outdoor based summer camp located in north Routt County.

Campamento de verano al aire libre situado en el norte del condado de Routt.
Summer, Year-Round/Verano, Todo el año



DAY CAMPS / CAMPAMENTOS DE DÍA

Summer Mountain Camp

Ages/Edades 5-16
 mountaincamp@steamboat.com
 2305 Mt. Werner Cir., Steamboat
 steamboat.com/things-to-do/activities/
 mountain-camp

Kids day camp with outdoor activities.

*Actividades diarias especializadas para campamento de niños explorando al aire libre
 Summer/Verano*

Town of Oak Creek

Ages/Edades 5-12
 recreation@townofoakcreek.com
 227 Dodge Ave., Oak Creek

Summer camp, afterschool programs and youth recreation

*Campos de verano, programas después de la escuela, y recreo para jóvenes
 Summer, Year-Round/Verano, Todo el año*

SPECIALTY CAMPS / CAMPAMENTOS DE ESPECIALIDAD

BookTrails

Ages/Edades 7-15
 855.426.6587
 2673 Jacob Circle, Steamboat
 mybooktrails.org

Reading and writing enrichment programs linked with outdoor education and experiences

*Programas de enriquecimiento de lectura y escritura vinculados con la educación y experiencias al aire libre
 Summer/Verano*



SPORTS CAMPS / DEPORTES

Haymaker Golf Academy

Ages/Edades 5+
 970.870.1846
 34855 US-40, Steamboat
 haymakergolf.com/events/junior-golf

Golf camps for youth with various levels of experience

*Campamentos de golf para jóvenes con distintos niveles de experiencia
 Summer/Verano*

Pickleball & Tennis Summer Fun Camp

Ages/Edades 3-18
 970.879.8400
 2500 Pine Grove Road, Steamboat
 steamboattennisandpickleball.com

Each camp day includes on-court time for tennis and/or pickleball plus off-court time for varying fun activities such as field games, arts & crafts, water balloons and more!

*Cada día de campamento incluye tiempo en la pista para jugar al tenis y/o al pickleball, además de tiempo fuera de la pista para realizar diversas actividades divertidas, com juegos de campo, manualidades, globos de agua y mucho más.
 Summer/Verano*

Perry-Mansfield Summer Camps

Ages/Edades 5-12
 970.879.7125
 40755 Co Rd 36, Steamboat
 perry-mansfield.org

Performing arts and equestrian camps

*Campamentos de artes escénicas y ecuestres
 Summer/Verano*

Rocky Mountain Adventure Hockey Camp

Ages/Edades 8-18

303.409.2113

285 Howelsen Parkway, Steamboat
rmhshockey.com/page/36/rocky-mountain-
adventure-hockey-camp-rmahc

Youth Adventure Hockey Camp

Campamento de aventura juvenil de Hockey

Summer/Verano

Steamboat Climbing Collective Camps

Ages 6-12

970.761.2496

2673 Jacob Circle, Unit 300, Steamboat
steamboatclimbingcollective.com

Climbing camps for beginner, intermediate and advanced climbers all summer!

Campamentos de escalada para escaladores principiantes, intermedios y avanzados durante todo el verano!

Summer/Verano

Steamboat Skating Club Camp

Ages/Edades 6+

970.871.7033

285 Howelsen Parkway, Steamboat
steamboatskatingclub.org

This weeklong camp will help skaters of all ages and skill levels improve their skills and their overall athleticism

Este campamento de una semana de duración ayudará a patinadores de todas las edades y niveles a mejorar sus habilidades y su atletismo en general.

Summer/Verano

Steamboat Springs Winter Sports Club Camps

Ages/Edades 4+

970.879.0695

845 Howelsen Parkway, Steamboat
sswsc.org

Varied Sports camps on selected dates throughout the year

Campamentos deportivos variados en fechas seleccionadas a lo largo del año

Year-Round/Todo el año

Steamboat Soccer Academy Camp

Ages/Edades 5-19

970.870.1520

2667 Copper Ridge Circle, Steamboat
steamboatsocceracademy.com

Camp provides an encouraging learning environment that integrates physical and mental challenges to help players grow in the game of soccer.

El campamento proporciona un entorno de aprendizaje alentador que integra desafíos físicos y mentales para ayudar a los jugadores a crecer en el juego del fútbol.

Summer/Verano

Steamboat Sports Mountain Kayak Camp

Ages/Edades 7+

970.879.8794

800 S. Lincoln Ave., Steamboat
mountainsportskayak.com/kids-camp

Spend time on the Yampa River by kayaking and paddleboarding

Pasar tiempo en el río Yampa practicando kayak y surf de remo

Summer/Verano

Steamboat Springs Youth Track & Field Camp

Ages/Edades 5-14

720.339.6924

45 Maple Street/Gardner Stadium, Steamboat
runsignup.com/Race/CO/SteamboatSprings/
SteamboatTrackFieldYouthCamp

Kids can run, jump, & throw while having an action packed week of fun and expert coaching.

Los niños pueden correr, saltar y lanzar mientras disfrutan de una semana llena de acción, diversión y entrenamiento con expertos.

Summer/Verano

Old Town Hot Springs Camp

Ages/Edades 6-10

970.879.1828

136 S Lincoln Ave., Steamboat, CO 80487
oldtownhotsprings.org/summer-camp-2024/

Summer Camp with climbing, yoga, hiking, fitness, and swimming

Campamento de verano con escalada, yoga, senderismo, fitness y natación

Summer/Verano

OUTDOOR STEWARDSHIP & EDUCATION / ADMINISTRACIÓN Y EDUCACIÓN AL AIRE LIBRE

Camp Sol (Steamboat Mountain School)

Ages/Edades 6-12

970.879.1350

818 Oak Street, Steamboat
steamboatmountainschool.org/summer-camp/

**Teaches connectedness and wholeness
through various activities and lessons**

*Enseña la conexión y la integridad a través de diversas
actividades y lecciones.*

Summer/Verano

Rocky Mountain Youth Corps

Ages/Edades 11-25

970.879.2135

991 Captain Jack Dr., Steamboat
rockymountainyouthcorps.org

**Meaningful outdoor service learning and
youth employment, educational and group
experiences**

*Servicio de oportunidades significativas al aire
libre de, experiencias educativas y actividades
recreativas grupales*

Summer/Verano

Trillium Expeditions

Ages/Edades 10-15

970.846.7026

Routt County
trilliumexpeditions.org

**3-5 day backpacking trips exploring the
Eastern Flattops area for youth ages 10-15**

*Viajes de mochilero de 3 a 5 días explorando la zona
de las Planicies Orientales para jóvenes de
10 a 15 años.*

Summer/Verano

Yampa River Camps

Ages/Edades 11-14

970.367.7044

743 Oak St., Steamboat
friendsoftheyampa.com

**Multiday comprehensive river class on our
stunning, wild and free, Yampa River!**

*Curso de río completo de varios días en nuestro
impresionante río Yampa, salvaje y libre.*

Summer/Verano

Yampatika

Ages/Edades 5-11

970.871.9151

925 Weiss Dr., Steamboat
yampatika.org/camp-programs/

**Inspire environmental stewardship
through education with camps and
programs in schools**

*Inspire cuidado del medio ambiente a través
de la educación con campamentos y programas
en las escuelas*

Year-Round/Todo el año



Elevation Dance Studio Camps

Ages/Edades 3-14
970.871.1880
326 Oak Street, Steamboat, CO 80487
elevationdancestudio.com

Camps with many different kinds of dance to suit your individual style.

Campamentos con muchos tipos diferentes de baile para adaptarse a tu estilo individual.

Summer/Verano

Perry-Mansfield Performing Arts School and Camp

Ages/Edades 5-21
970.879.7125
40755 County Rd. 36, Steamboat
perry-mansfield.org

Nationally recognized performing arts and equestrian summer programs

Programas de verano de artes escénicas y ecuestres reconocidos a nivel nacional

Summer/Year-Round

Pik-Nik Theater Camp

Ages/Edades 6-18
970.355.9403
348 Oak Street, Steamboat
pikniktheatre.org

Youth can explore their love for performing and being onstage, with financial scholarships available.

Los jóvenes pueden explorar su amor por actuar y estar en el escenario, con becas financieras disponibles.

Summer/Verano

Rocky Mountain Summer Conservatory Camp

Ages/Edades 13+
1400 Bob Adams Drive, Hill Hall, Steamboat
rockymountaincsc.org

Study and perform chamber music with an outstanding faculty in the spectacular rocky mountains

Estudia e interpreta música de cámara con un profesorado excepcional en las espectaculares montañas rocosas.

Summer/Verano

Steamboat Symphony Orchestra

Ages/Edades 13+
1400 Bob Adams Drive, Steamboat
steamboatsymphony.org/education/

Week-long immersion to learn practice techniques and play chamber music with distinguished artists and faculty

Inmersión de una semana para aprender técnicas de práctica y tocar música de cámara con distinguidos artistas y profesores

Year-Round/Todo el año

Steamboat Creates

Ages/Edades 5-18
970.879.9008
1001 13th St., Steamboat
steamboatcreates.org

Mini camps offered in all 7 artistic areas including: design, visual arts, and performing arts

Mini campamentos ofrecidos en los ámbitos de teatro, el arte y en música

Year-Round/Todo el año

You Out Loud

Ages/Edades 10-14
970.819.8906
Steamboat
yououtloudroutt.com

Youth art camps

Campamentos de arte juvenil
Summer/Verano



ROUTT COUNTY
YOUTH SERVICES
COALITION

CLUBS

CLUBS

4-H

Ages/Edades 8-18
970.879.0825
136 6th St. Suite 101, Steamboat
Routt County
routt.extension.colostate.edu/4-h/Youth
Development & empowerment program
Programas de desarrollo y tutoría de jóvenes

Girl Scouts

Ages/Edades 5-18
970.846.2630
Routt County
girlscoutsofcolorado.org
Programs to build courage, confidence, and character through leadership opportunities for girls
Los programas para construir el carácter, servir a los demás y ayuda a las niñas convertirse en líderes

Routt County Gymkhana Club

All ages/Todas las edades
970.879.0825
Routt County
gymkhanaroping@gmail.com
facebook.com/p/Routt-County-Gymkhana-and-Roping-100057314934455/
Youth bring horses to practice for barrel racing and speed events during the summer
Los jóvenes traen caballos para practicar carreras de barriles y pruebas de velocidad durante el verano

Scouting America

Ages/Edades 5-18
970.456.2541
40250 Giant View Drive, Steamboat
Routt County
steamboatscouts.com
Programs to build character, serve others, and instill values in youth
Los programas para construir el carácter, servir a los demás y de inculcar valores en los jóvenes varones



FOOD & FINANCE

COMIDA Y FINANZAS

Bit of Sunshine

Ages/Edades 0-18
970.819.1781
bitofsunshine.org

Help with gifts for low income families throughout the year, specifically around the winter holidays

Ayuda con regalos para familias de bajos ingresos durante todo el año, específicamente durante las vacaciones de invierno

Colorado Workforce Center

Ages/Edades 14+
970.879.3075
425 Anglers Dr., Steamboat
nwcworkforce.cdle.co

Job seeking resources, career counseling and training, recruitment and referral services, tax credits and training reimbursement for employers

Recursos para la búsqueda de empleo, asesoramiento y formación profesional, servicios de contratación y referencia, créditos de impuestos y reembolso a los empresarios

Division of Vocational Rehab (DVR)

Ages/Edades 15-24
970.871.4853
425 Anglers Dr., Steamboat
dvr.colorado.gov/youth-transition-services/youth

Resource for people with disabilities. DVR assists individuals with disabilities such as physical, mental or learning, to successfully pursue their employment goal.

Recurso para personas con discapacidades. DVR ayuda a las personas con discapacidades físicas, mentales o de aprendizaje, a perseguir con éxito su objetivo de empleo.

LiftUp - Steamboat

All Ages/Todas las edades
970.870.0727
2125 Curve Ct., Steamboat
liftuprc.org

Donation Center, emergency financial assistance, thrift store, community gardens, food bank/community support center, Rocket Pack healthy snacks and summer lunches for children

Centro de donación, asistencia de emergencia, segundas, banco de alimentos.

LiftUp - Oak Creek

All Ages/Todas las edades
970.870.0727
227 Dodge Ave., Oak Creek
liftuprc.org

Emergency assistance, food bank, Rocket Pack healthy snacks and summer lunches for children
Asistencia de emergencia y banco de alimentos

Routt County Department of Human Services

All Ages/Todas las edades
970.870.5533
135 6th Street, Steamboat
Co.routt.co.us/180/Human-services

Public assistance programs, child and adult protection services, child support services, food assistance, family preservation, Fatherhood Program, and Temporary Assistance to Needy Families (TANF)
Beneficencia de niños y adultos y licencias para padres de crianza temporal y asistencia de alimentación

Women Infants and Children (WIC)

Ages/Edades 0-5
970.879.1632
940 Central Park Dr., Ste. 101, Steamboat
northwestcoloradohealth.org/wic

A free nutrition program for women, children and families. Services include nutrition counseling, breastfeeding support and supplemental healthy foods.
Un programa gratuito de nutrición para mujeres, niños, y familias. Los servicios incluyen asesoría nutricional, apoyo para amamantamiento, y alimentos saludables suplementarios

FORESTS, RESERVOIRS, WILDERNESS

BOSQUES, DEPÓSITOS, DESIERTO

NATIONAL FOREST/WILDERNESS AREAS / ÁREAS DE BOSQUES/DESIERTOS NACIONALES

Hahns Peak/Bears Ears

970.870.2299
925 Weiss Dr., Steamboat
fs.usda.gov/mbr

Medicine Bow- Routt National Forest

307.745.2300
Clark
fs.usda.gov/mbr

Mount Zirkel Wilderness Area

970.870.2299
Clark
fs.usda.gov/mbr

Sarvis Creek Wilderness Area

All Ages/
Todas las edades
970.638.4516
Yampa
fs.usda.gov/mbr

Yampa Ranger District

970.638.4516
Yampa
fs.usda.gov/detail/mbr/about-forest/offices



STATE PARKS / PARQUES ESTATALES

Colorado Parks and Wildlife

*Steamboat Springs Service
Desk and Office*
970.870.2197
925 Weiss Dr., Steamboat
cpw.state.co.us/

Elkhead Reservoir State Park

970.276.2061
[cpw.state.co.us/placestogo/
parks/ElkheadReservoir](http://cpw.state.co.us/placestogo/parks/ElkheadReservoir)
CO Rd 28, Craig

Pearl Lake State Park

970.879.3922
Rcr 129, Clark
[cpw.state.co.us/placestogo/
parks/PearlLake](http://cpw.state.co.us/placestogo/parks/PearlLake)

Stagecoach State Park

970.736.2436
25500 Routt County Road 14,
Oak Creek
[cpw.state.co.us/placestogo/
parks/Stagecoach](http://cpw.state.co.us/placestogo/parks/Stagecoach)

Steamboat Lake State Park

970.879.3922
61105 Rcr 129, Clark
[cpw.state.co.us/placestogo/
parks/SteamboatLake](http://cpw.state.co.us/placestogo/parks/SteamboatLake)

Yampa River State Park

970.276.2061
6185 W. US-40, Hayden
[cpw.state.co.us/placestogo/
parks/YampaRiver](http://cpw.state.co.us/placestogo/parks/YampaRiver)



K-12 SCHOOLS

ESCUELAS

PRIVATE SCHOOLS / ESCUELAS PRIVADAS

Steamboat Christian Academy

K-8th grade/grado
970.367.7212
821 Dougherty Road, Steamboat
steamboatchristianacademy.com

Steamboat Mountain School

K-12th grade/grado
970.879.1350
42605 RCR 36 & 818 Oak St., Steamboat
steamboatmountainschool.org

PUBLIC SCHOOLS / ESCUELAS PÚBLICAS

Hayden School District

K-12th grade/grado
970.276.3864
300 Breeze Basin Blvd., Hayden
haydenschools.org

Steamboat School District

K-12th grade/grado
970.871.3199
325 7th St., Steamboat
steamboatschools.net

North Routt Community Charter School

K-8th grade/grado
970.871.6062
26990 Eagle Ln., Clark
northrouttcharter.org

South Routt School District

K-12th grade/grado
970.870.3799
305 S Grant St., Oak Creek
southroutt.k12.co.us

Steamboat Montessori

Pre-K-8th grade/grado
970.871.6062
27285 Brandon Circle, Steamboat
steamboatmontessori.org



ROUTT COUNTY
YOUTH SERVICES
COALITION

LIBRARIES & MUSEUMS

BIBLIOTECAS Y MUSEOS

LIBRARIES / BIBLIOTECAS

Bud Werner Memorial Library

970.879.0240

1289 Lincoln Ave., Steamboat
steamboatlibrary.org

**Books for all ages, children/
teen programs, resources**

*Libros para todas las edades, programas para
niños/ adolescentes, recursos, internet gratis*

Hayden Public Library

970.276.3777

201 East Jefferson Ave., Hayden
haydenpubliclibrary.org

**Books for all ages, resources and
children's section**

*Libros para todas las edades, recursos y
sección para niños*

Oak Creek Public Library

970.736.8371

227 Dodge Ave., Oak Creek
townofocakcreek.com/library

**Story Hour, free internet access,
books for all ages**

*Hora de la historia, acceso gratuito al internet,
libros para todas las edades*

Yampa Public Library

970.638.4654

310 Main St., Yampa
southroutt.colibraries.org

**Story Hour, free internet access,
books for all ages**

*Hora de la historia, acceso gratuito a Internet,
libros para todas las edades*

MUSEUMS / MUSEOS

Hayden Heritage Center Museum

970.276.4380

300 W. Pearl St., Hayden
haydenheritagecenter.org

History of Yampa Valley
Historia de Yampa Valley

Steamboat Art Museum

970.870.1755

801 Lincoln Ave., Steamboat
steamboatartmuseum.org

**Art Museum with Multiple
Exhibits throughout the Year
focused on Youth and Adults**

*Museo de Arte con Múltiples
Exposiciones a lo largo del Año
enfocadas a Jóvenes y Adulto*

The Tread of the Pioneers Museum

970.879.2214

800 Oak St., Steamboat
treadofpioneers.org

**Museum display, walking
tours and kids programs**

*Exhibición del museo, recorridos
a pie y programas para niños*



ROUTT COUNTY
YOUTH SERVICES
COALITION

ALTERNATIVE MEDICAL CARE PROVIDERS / ATENCIÓN MÉDICA ALTERNATIVA

Backsmith Chiropractic

All Ages/Todas las Edades
970.846.8769
467 7th St., Steamboat
backsmithchiropractic.com

Family chiropractic center

Centro de quiropráctica familiar

Blue Skies Nursing

All Ages/Todas las Edades
970.200.8385
Steamboat
blueskiesnursing.com/services/

Concierge Nursing including Post Natal/Baby Transition Care and Post Surgical Care

*Enfermería de conserje, incluida la atención de tran-
sición post natal/bebé y la atención post quirúrgica*

Dr. Jo Anne Grace

All Ages/Todas las Edades
970.404.0627
Steamboat
joanne-grace.com

Brain training through neurofeedback to improve mental, emotional and behavioral health. Neurofeedback is effective when emotional and behavioral outbursts occur due to stress, trauma, concussions, and ADD/ADHD.

*Entrenamiento cerebral a través de neurofeedback para
mejorar la salud mental, emocional, y conductual*

Holistic Health Center

All Ages/Todas las Edades
970.879.1845
434 Oak St., Steamboat

Family chiropractic center

Centro de quiropráctica familiar

Lifted Chiropractic

All Ages/Todas las Edades
970.367.7187
2700 Lincoln Ave., Steamboat
liftedchiropractic.com

Specializing in pediatric, pregnancy and athlete care

*Especializado en cuidado pediátrico,
embarazo y cuidado de atleta*

Sanford Chiropractic

All Ages/Todas las Edades
970.879.8040
1560 Pine Grove Rd., Ste A, Steamboat
sanfordchiropractic.com
Family chiropractic center
Centro de quiropráctica familiar

Selah

Ages/Edades 13+
970.871.1307
1560 Pine Grove Rd., Ste C, Steamboat
selahsteamboat.com

Holistic reproductive health center, medical services and resources

*Holístico centro de salud reproductiva, servicios
médicos y recursos*

Steamboat Chiropractic Center

All Ages/Todas las Edades
970.879.6501
505 Anglers Dr., Ste 12, Steamboat
steamboatchiropracticcenter.com
Chiropractic / Quiropráctico

Sumovia Naturopathic Healthcare

All Ages/Todas las Edades
970.778.4222
1041 Lincoln Ave., Ste 310, Steamboat
sumovia.com/pediatrics

Pediatric and family naturopathic medical information and consultations

Proveedor de atención naturopática

Thrival Mode

All Ages/Todas las Edades
970.717.0012
1815 Central Park Pl. Unit 101A, Steamboat
thrivalmode.com

Family chiropractic center
Centro de quiropráctica familiar

Yampa Valley Acupuncture and Chinese Herbs

All Ages/Todas las Edades
970.819.6738
100 Park Ave., Steamboat
yvacupuncture.com

Acupuncture and Chinese Medicine
Acupuntura y medicina china

Yampa Valley Chiropractic Center

All Ages/Todas las Edades
970.846.3265
2851 Riverside Plaza, Ste. 200, Steamboat
yampavalleychiro.com

Family chiropractic center
Centro de quiropráctica familiar

Werner Athletics

All Ages/Todas las Edades
970.620.9020
2645 Jacob Circle, Steamboat
drjameswerner.com

Sports Performance Therapy
Terapia de rendimiento deportivo

DENTAL CARE / DENTISTAS Y ORTODONCISTAS

A Kidz Dentist

Ages/Edades 0-18
970.879.7976
1560 Pine Grove Rd. #6, Steamboat
akidzdentist.com

Aesthetica Dental

Ages 2+
970.457.4120
675 Snapdragon Way, Ste. #250, Steamboat
aestheticadental1.com

Andrews, Dr. Paul

Ages 3+
970.879.1815
505 Anglers Dr. Ste 204, Steamboat

Avant Garde Dental

Ages/Edades 3+
970.871.0033
1169 Hilltop Pkwy., Unit 203, Steamboat
avantgardedental.com

Coombs Orthodontics

Ages/Edade 7+
970.870.9200
940 Central Park Dr., Ste 106, Steamboat
coombsorthoco.com

Griffin and Weimer Orthodontics

Ages/Edade 5+
970.879.4290
100 Park Ave Ste.104, Steamboat
nwcoloradobraces.com

High Country Dentistry - Steamboat

Ages/Edades 2+
970.879.2290
501 Anglers Dr., Ste 102, Steamboat
highcountrydentistry.net

High Country Dentistry - Hayden

Ages/Edades 2+
970.276.3123
150 West Jackson Ave., Hayden
highcountrydentistry.net

McCreight Progressive Dentistry

Ages/Edades 1+
970.879.4703
940 Central Park Dr., Ste 206, Steamboat
steamboatdentistry.com



ROUTT COUNTY
YOUTH SERVICES
COALITION

Northwest Colorado Health

All Ages/Todas las edades
 970.824.8000
 940 Central Park Dr., Ste 101, Steamboat
 300 Main St., Oak Creek
 485 Yampa Ave., Craig
northwestcoloradohealth.org/dental

Northwest Colorado Health School-Based Dental Health Program

Ages/Edades 0-18
 970.846.4426
 Mobile- Steamboat and Hayden
northwestcoloradohealth.org/schoolbasedhealth

Pine Grove Dental Arts

Ages/Edades 1.5+
 970.879.1959
 1475 Pine Grove Rd., Ste 107 Steamboat
pinegrovedentalarts.com

Rabbit Ears Dental

Ages/Edades 2+
 970.879.5630
 1120 S Lincoln Ave., Ste. D, Steamboat
rabbitearsdental.com

Steamboat Advanced Dentistry and Implant Center

Ages/Edades 18+
 970.871.4611
 1495 Pine Grove Rd. Ste 101-A, Steamboat
steamboatdentalcenter.com

Steamboat Family & Aesthetic Dentistry

Ages/Edades 2+
 970.879.3565
 940 Central Park Dr., Ste 107, Steamboat
steamboat smiles.com

Sweet Fix Dental, P.C.

Ages/Edades 2+
 970.276.3123
 150 W Jackson St, Hayden

Sunshine Dentistry

Ages/Edades 2+
 970.879.7572
 100 Park Ave., Ste 212, Steamboat
mysteamboatdentist.com

HEARING / AUDIÓLOGAS

Northwest Hearing

All Ages/Todas las Edades
 970.879.7286
 940 Central Park Dr., Ste. 208, Steamboat
northwesthearing.com

Hearing testing (as young as newborns)
Pruebas de audición (tan jóvenes como recién nacidos)

Sounds of the Valley Audiology

All Ages/Todas las Edades
 970.879.4327
 440 S. Lincoln Ave., Steamboat
soundsofthevalley.net

Hearing testing
Pruebas de audición

EYE CARE / OFTALMÓLOGOS

Eyecare Specialties

All Ages/Todas las Edades

970.879.2020

365 Anglers Dr., Ste A, Steamboat
eyecare-specialties.com

Eye exams for people of all ages

Exámenes de la vista para personas de todas las edades

Helm Eye Center

All Ages/Todas las Edades

970.871.0000

505 Anglers Dr., Ste 202, Steamboat
helmeycenter.com

Eye exams for people of all ages

Exámenes de la vista para personas de todas las edades

Mountain Eyeworks

All Ages/Todas las Edades

970.879.2595

1755 Central Park Dr., Steamboat
mountaineyeworks.com

Eye exams for people of all ages

Exámenes de la vista para personas de todas las edades

Steamboat Vision Clinic

All Ages/Todas las Edades

970.879.4266

130 9th St., Steamboat
steamboatvisionclinic.com

Eye exams for people of all ages

Exámenes de la vista para personas de todas las edades

GENERAL MEDICAL CLINICS / CLINICAS MEDICAS

Northwest Colorado Health

All Ages/ Todas las Edades

970.879.1632

940 Central Park Dr. Ste. 101, Steamboat
northwestcoloradohealth.org

South Routt Medical Center

All Ages/Todas las Edades

970.736.8118

300 W. Main St., Oak Creek
southrouttmedical.com

Steamboat Medical Group

All Ages/Todas las Edades

970.879.0203

1475 Pine Grove Rd., Ste. 102 Steamboat
steamboatmedical.com

Steamboat Orthopedics and Spine Institute (SOSI)

All Ages/Todas las Edades

970.879.6663

705 Marketplace Plaza, Ste. 200, Steamboat
steamboatortho.com

Steamboat Signature Specialty Clinic

All Ages/Todas las Edades

970.826.8440

2201 Curve Plaza, Ste. 101A, Steamboat
memorialregionalhealth.com/clinic-hospital-locations/specialtyclinic-steamboat/

Steamboat Springs Family Medicine

All Ages/Todas las Edades

970.871.1323

501 Anglers Dr., Ste. 201, Steamboat
steamboatfamilydoc.com

Yampa Valley Medical Associates (Hayden)

All Ages/Todas las Edades

970.846.6447

150 W Jackson St., Hayden
yvma.com

Yampa Valley Medical Associates (Steamboat)

All Ages/Todas las Edades

970.879.3327

940 Central Park Dr., Ste 100, Steamboat
yvma.com

THE HEALTH PARTNERSHIP OF NORTHWEST COLORADO /
LA ASOCIACIÓN DE SALUD DEL NOROESTE DE COLORADO



The Health Partnership
Care Coordination

All Ages/Todas las Edades
970.875.3630
2720 Lincoln Ave., Steamboat
thehealthpartnership.org

**Helps individuals gain access to food,
transportation, housing assistance,
education and medical and mental health
services.**

*Ayuda a las personas a obtener acceso a comida,
transporte, asistencia para vivienda, educación y
servicios médicos y de salud mental.*

The Health Partnership
Health Coverage Guide

All Ages/Todas las Edades
970.875.3630
2720 Lincoln Ave., Steamboat
thehealthpartnership.org

**Assist with acquiring healthcare coverage
whether navigating the State healthcare
exchange website or Medicaid enrollment**

*Ayudar a adquirir cobertura sanitaria, ya sea
navegando por el sitio web de intercambio de
asistencia sanitaria del Estado o inscribiéndose
en Medicaid.*

MENTAL HEALTH CLINICS / CLÍNICAS DE SALUD MENTAL

Mind Springs Health

All Ages/Todas las Edades
888.207.4004 (crisis hotline)
970.879.2141 (office)
407 S. Lincoln Ave., Steamboat
mindspringshealth.org
Accepts Medicaid



Northwest Colorado Health

All Ages/Todas las Edades
970.879.1632
940 Central Park Dr. Ste. 101, Steamboat
northwestcoloradohealth.org
Accepts Medicaid

CHILD FIRST

paragonbhc.org • Accepts Medicaid

Brittney Gibbs

Ages/Edades 0-5
720.335.5993
paragonbhc.org
In home treatment

Colleen Quinn

Ages/Edades 0-5
970.846.0290
paragonbhc.org
In home treatment

CHILDRENS WELLNESS CENTER OF COLORADO

1169 Hilltop Pkwy., Ste 206A Steamboat • cwccolorado.com

Accepts Medicaid

Kerry DuPlessis, LPCC

Ages/Edades 3+
970.761.6048
1169 Hilltop Ln UNIT 204
cwccolorado.com

Kayla Guettich

Ages/Edades 3+
970.761.6048
1169 Hilltop Ln UNIT 204
cwccolorado.com

EMERALD INTEGRATED HEALTH

1169 Hilltop Pkwy. , Ste 206A • emeraldintegrativehealth.com

Angela Melzer, LCSW

Ages/Edades 15+
970.846.1598
emeraldintegrativehealth.com

Dr. Fegley, MD

970.761.2249
Functional Medicine
Medicina Funcional

**Cristen Malia, MA, LPCC,
E-RYT 500**

Ages/Edades 14+
970.846.8861

Amanda Johnson

970.761.2249
Life coaching
Entrenadora de vida

Denise Martinez, LPC, LAC

720.394.1277

Rudy Spector, Psych NP

970.819.0783
Medication Management
Manejo de la medicación

Lisa Wilkinson, NP

Ages/Edades 5+
970.846.4148
Medication management
Manejo de la medicación

Lana Jarosch, RDN

970.761.2249
Registered Dietitian
Nutricionista Dietista Registrado

Alex Osias, LCSW, MFT-C

Ages/Edades 15+
970.846.1598

Dr. Grace Charles

970.761.2249
**Acupuncture and
Naturopathic Medicine**
*Acupuntura y Medicina
Naturopática*

Jane Berryhill, MS

970.761.5963

GROUP PRACTICES /

PRÁCTICAS GRUPALES DE SALUD MENTAL

PSYCHOTHERAPY OFFICES/

CONSULTORIOS DE PSICOTERAPIA

810 Lincoln Avenue, Suite 200, Steamboat
psychotherapy-offices.business.site/

Barbara Philip, LCSW

970.879.7637 ext 5
810 Lincoln Ave., Ste #200
[steamboatcounseling.com/
barbara-philip](http://steamboatcounseling.com/barbara-philip)

Craig Thornhill, LPC, LAC

Ages/Edades 15+
970.879.7637 ext. 7
Thornhillcounseling.com

Bill Phillip, M.D.

970.879.7637 ext. 8
[steamboatcounseling.com/
william-philip](http://steamboatcounseling.com/william-philip)

Medication management

Manejo de medicamentos

Suzy Clark, LCSW

970.819.2752

Margy Bookman, PA

Ages/Edades Adults
970.846.6787
[steamboatcounseling.com/
margy-bookman](http://steamboatcounseling.com/margy-bookman)

Medication management

Manejo de medicamentos

Milly Flannigan, PA

All Ages/Todas las Edades
970.846.7637 ext. 9

Psychotherapy Offices -
Mental Health Service in
Steamboat Springs
(business.site)

Medication management

Manejo de medicamentos

Dr. Janet Fiegelson

970.439.1494
[healthgrades.com/physician/
dr-janet-feigelson-xrlbd](http://healthgrades.com/physician/dr-janet-feigelson-xrlbd)

Medication management

Manejo de medicamentos

Wendy Bauman, LCSW

Ages/Edades 16+
970.846.3066
[steamboatcounseling.com/
wendy-baumann](http://steamboatcounseling.com/wendy-baumann)

Zak Conway, LPC, LAC, ADS

Ages/Edades 13+
970.761.9908
zakconwaypsychotherapy.com

YAMPA VALLEY PSYCHOTHERAPISTS, LLC

737 Lincoln Avenue and 2045 W. Victory Way • yvpllc.com

Carlos Cabrera, ACC

Ages/Edades 3+
970.870.9454
737 Lincoln Ave and
2045 W. Victory Way

Jacqueline Cabrera, NLC

Ages/Edades 13+
970.293.3980

Gary Gurney, LCSW

Ages/Edades 13+
970.870.9454

Kymerly, Merrick, LPCC

Ages/Edades 3+
970.870.9454

Kathy Gibbs, PsyD

All Ages/Todas las Edades
970.879.7540

Peggy Sammons, LPC

Ages/Edades 3+
970.870.9454

Kalynn Smith, Certified Addiction Specialist

Ages/Edades 14+
970.979.7708



Routt County Alcohol and Drug

Ages/Edades 12+

970.879.7708

freerehabcenters.net/colorado/steamboat-springs/routt-county-alcohol-council/

Court ordered MIP Classes for ages 12+ and court ordered level II drug and alcohol classes for adults

Clases MIP ordenadas por el tribunal para mayores de 12 años y clases de drogas y alcohol de nivel II ordenadas por el tribunal para adultos

PRIVATE PRACTICE THERAPISTS / TERAPEUTAS DE PRÁCTICA PRIVADA

Alison Hobson, LCSW

Ages/Edades 14+

970.846.0755

419 Oak St.

[steamboatcounseling.com/
copy-of-richard-boersma](http://steamboatcounseling.com/copy-of-richard-boersma)

Amy Ploeger, LPC

Ages/Edades 16+

970.875.4114

100 Park Ave., Suite 209B

routtcountypsychotherapy.com

Beth Wendler, NLC

Ages/Edades 0+13

970.846.0746

1041 Lincoln Ave.

bethwendler.com

Bob Kirchner, PhD

Ages/Edades 5+

970.846.1920

drbobkirchner@yahoo.com

Brooke Lightner, LCSW

Ages/Edades 5+

970.457.0874

[steamboatcounseling.com/
brooke-lightner](http://steamboatcounseling.com/brooke-lightner)

Caelen Cann, LPC, LAC, ADS

Ages/Edades 18+

970.457.0505

100 Park Ave., Suite 204

cscann.com

Colleen Clark Lay, LCSW

970.819.1558

330 S. Lincoln Ave, Suite 210

ccltherapy.com

Danielle Aimone, LCSW, LAC, ADS

Ages/Edades 18+

970.286.0907

Danielle Aimone, Clinical Social Work/Therapist,

Steamboat Springs, CO 80487

Psychology Today

Eddie Konold, LPC

Ages/Edades 10+

970.846.4620

1041 Lincoln Ave.

eddiekonold.com

Ellen McGuinness, LPC

Ages/Edades 5+

970.846.0641

1041 Lincoln Ave., Suite 200

Holly James, LPC

Ages/Edades 18+

970.871.7857

941 Lincoln Ave., Suite 200c

trailheadcounselingsteamboat.com

Jamalyn Holloway, LPC

Ages/Edades 10+

970.599.1593

Intentional Pathways Counseling

Services, PLLC - Counseling

clientsecure.me

Jen Murphy, LPC

Ages/Edades 5+

970.819.7031

3448 Hiawatha Ct.

[solutionsparentingsupport.com/
who-we-are/jen-murphy](http://solutionsparentingsupport.com/who-we-are/jen-murphy)



ROUTT COUNTY
YOUTH SERVICES
COALITION

**PRIVATE PRACTICE THERAPISTS /
TERAPEUTAS DE PRÁCTICA PRIVADA**

Kaitlyn Anderson, LPC

Ages/Edades 12+
720.993.9131
100 Park Ave. Suite 204 or
telehealth
trueintegrativecounseling.com

Laurie Crider, PsyD

Ages/Edades 18+
970.875.4755
419 Oak St.
steamboatpsychologist.com

Linda Nolte, PHD

Feb-80
970.846.3925
501 7th St., Steamboat
Springs, CO 80487
steamboatcounseling.com/
linda-nolte

Liz Smith, LPC

Ages/Edades 13+
(970) 329-2461
401 Lincoln Ave.
lizsmithcounseling.com

Marchele McCarthy, LPC

Ages/Edades 16+
970.846.8504
419 Oak St.
Marchelemccarthy.com

Meredith Van Ness, LCSW

Women, 18+
303.717.9151
419 Oak St.
meredithvanness.com

**Mary Ellen Lemieux,
LCSW**

Ages/Edades 13+
650.346.7698
steamboatcounseling.com/
mary-ellen-lemieux

Matt LaRock, LCSW, LAC

Ages/Edades 13+
970.846.6379
100 Park Ave. Suite 204
mattlarock.com

Meggan McBride, LCSW

meggan@design5.net
psychologytoday.com/us/
therapists/meggan-mcbride-
garwood-steamboat-springs-
co/1071769

Natalie Gavic, LMFT

Ages/Edades 9+
970.367.7286
405 South Lincoln Ave.,
Suite B-206
nataliegavictherapy.com

Nicole D. McGuffin, Psy.D

Ages/Edades 0+
970.439.1938
1082 The Blvd
drnicolemcguffin.com

Rachel Hirning, LPC

Ages/Edades 18+
970.438.0039
Call for Appointment
steamboatcounseling.com/
rachel-hirning

**Rebecca Nowosielski,
LMFT**

303.588.2585
330 S. Lincoln Ave.
nova-therapy.com/about

Sara Ross, LCSW

Ages/Edades 5+
970-819-1714
419 Oak St.
steamboatcounseling.com/
sara-ross

Sophie Berkley, LPC

Ages/Edades 2+
970.819.6751
1041 Lincoln Ave., Suite 120
growingpotentialnow.com

Tiana Schneider, LPC

Ages/Edades 3+
970.457.0473
1041 Lincoln Ave., Suite 130
Tianaschneidercounseling.com

Tina Harlow, LCSW

Ages/Edades 5+
970.819.3577
guidingbright.com

Will Bishop, LPC, LMFT

Ages/Edades 5+
303.718.7292
810 Lincoln Ave., Suite 2000
steamboatspringstherapy.
com/index.html

SUBSTANCE USE RESOURCES & TREATMENT / RECURSOS PARA EL TRATAMIENTO DEL USO DE SUSTANCIAS

Barnes Family Institute

Families

970.517.4469

1915 Alpine Plaza C3, Steamboat
forgingnewlives.com

Intensive, two-level program teaching and coaching families to safely and effectively communicate to address root causes of dysfunction and create recovery-supportive lifestyles.

Programa intensivo de dos niveles que enseña y entrena a las familias para comunicarse de manera segura y efectiva para abordar las causas fundamentales de la disfunción y crear estilos de vida que apoyen la recuperación.

Front Range Clinic

Ages/Edades 18+

866.575.0389

1306 Lincoln Ave. Suite D, Steamboat
porchlighthealth.com/suboxone-clinics/
steamboat-springs-colorado/

Variety of dual diagnosis SUD treatment, some peer support and MAT

Variación de tratamiento de diagnóstico dual de trastornos por consumo de sustancias, apoyo entre compañeros y Tratamiento asistido con medicamentos.

Northwest Colorado Health

Ages/Edades 12+

970.879.1632

940 Central Park Dr. Suite 101, Steamboat
Behavioral Health | Northwest Colorado Health

Individual and MAT

Individual y tratamiento asistido con medicamentos.

Reaching Everyone Preventing Suicide (REPS)

All Ages

970.846.8182

465 Anglers Dr. Unit B, Steamboat
nwcosuicideprevention.com

Provides proactive suicide prevention services, payment gap support for therapy, and complementary education and training.

Ofrece servicios proactivos de prevención del suicidio, ayudas para cubrir el déficit de pago de la terapia y educación y formación complementarias.

The Foundry Intensive Outpatient

Ages/Edades 18+

720.477.6757

1915 Alpine Plaza C3, Steamboat
forgingnewlives.com

Individual and group intensive substance use outpatient program

Individual and group intensive substance use outpatient program

The Foundry Residential

Adult Men

970.666.6659

1915 Alpine Plaza C3, Steamboat
forgingnewlives.com

Men's Residential Program experiencing substance use, co-occurring mental health conditions and trauma

Programa residencial para hombres que experimentan uso de sustancias, condiciones de salud mental concurrentes y traumas

The Health Partnership Recovery Program

Ages/Edades 18+
970.875.3630

2722 Lincoln Ave., Steamboat
thehealthpartnership.org/recovery-support/

Peer Recovery Specialists and Support Coordinators assist in connecting to a network of treatment facilities, accessing services and reducing barriers

Los especialistas en recuperación de pares y los coordinadores de apoyo ayudan a conectarse a una red de instalaciones de tratamiento, acceder a servicios y reducir barreras.

RISE (Recovery, Insight, Support and Empowerment) Events

Ages/Edades 19+
970.875.3630

2723 Lincoln Ave., Steamboat
thehealthpartnership.org/recovery-support/

Offers community-based activities for those in recovery, loved ones supporting those in recovery,

Ofrece actividades comunitarias para quienes se encuentran en recuperación, seres queridos que apoyan a quienes se encuentran en recuperación,

Travis House

Ages/Edades Men 18+
970.846.6451

2111 Lincoln Ave., Steamboat
travishouse.org

Men's Faith-Based Sober Living

Vida sobria basada en la fe para hombres

My Life, My Quit

Ages/Edades 11-17

Text "Start My Quit" to 36072

co.mylifemyquit.org

Free and confidential quit coaching service that can help individuals quit all forms of tobacco including vaping.

Servicio gratuito y confidencial de asesoramiento para dejar de fumar que puede ayudar a las personas a dejar todas las formas de tabaco, incluido el vapeo.

Colorado QuitLine

Ages/Edades 18+
1.800.784.8669
coquitline.org

Free and confidential quit coaching for all colorado residents looking to quit any form of tobacco or nicotine.

Entrenamiento para dejar de fumar gratuito y confidencial para todos los residentes de Colorado que quieran dejar cualquier forma de tabaco o nicotina.

Love Life - Womens Sober Living

Ages/Edades 16+
970.896.9467

lovelifeteamboat.com

Faith based Sober Living Home

Hogar de vida sobrio basado en la fe

TELEHEALTH / TELESALUD

I Matter

18 and under
imattercolorado.org

6 free telehealth sessions

6 sesiones gratuitas de telesalud

Queer Asterisk

Ages/Edades 12+
720.507.6161
hqueerasterisk.com

Counseling services, educational trainings, and therapeutic programs centering queer and trans experiences.

Servicios de asesoramiento, formación educativa y programas terapéuticos centrados en experiencias queer y trans.



ROUTT COUNTY
YOUTH SERVICES
COALITION

NORTHWEST COLORADO HEALTH

940 Central Park Dr., Ste. 101, Steamboat • 745 Russell St., Craig

970.879.1632 • northwestcoloradohealth.org

Habla Espanol / Accepts Medicaid



Community Health Center offering integrated primary care, dental and behavioral health for all ages.

We serve all patients, regardless of ability to pay.

Asociación de salud Comunitaria y clínica médica que ofrece atención primaria que y salud dental y del comportamiento

SERVICES OFFERED / SERVICIOS OFRECIDOS

Child Health Plan Plus (CHP+)

Ages/Edades 0-18

970.871.7330

940 Central Park Dr., Ste. 101, Steamboat

northwestcoloradohealth.org

Low-cost health and dental insurance for children and pregnant women.

Un seguro médico y dental de bajo costo para niños y mujeres embarazadas.

CO Medicaid

All Ages/Todas las Edades

970.871.7330

940 Central Park Dr., Ste. 101, Steamboat

northwestcoloradohealth.org

Health coverage for eligible low-income adults, children, pregnant women, elderly adults and people with disabilities.

Cobertura de salud para adultos elegibles con bajos ingresos, niños, mujeres embarazadas, adultos mayores y personas con discapacidades.

Community Grief Support

All Ages/Todas las Edades

979.846.8319

Routt and Moffat County

northwestcoloradohealth.org

Support to individuals and groups who have experienced loss

Apoyo a personas y grupos que han sufrido pérdidas

Health Insurance Assistance

All Ages/Todas las Edades

970.824.8233

940 Central Park Dr., Ste. 101, Steamboat

northwestcoloradohealth.org

Assistance in securing health insurance for children and families.

Asistencia para asegurar un seguro médico para nuevas madres y sus bebés.

Immunization Program

All Ages/Todas las Edades

970.879.1632

940 Central Park Dr., Ste. 101, Steamboat

northwestcoloradohealth.org

Child, adult and travel immunizations; low to no cost immunizations for children and adults.

Vacunas para niños, adultos y de viaje; bajo o ningún costo vacunación para niños y adultos.



ROUTT COUNTY
YOUTH SERVICES
COALITION

Nurse Family Partnership Program

Ages/Edades 0-2
970.871.7686

940 Central Park Dr., Ste. 101, Steamboat
northwestcoloradohealth.org/nfp

This free program provides regular home visits from specially trained nurses during pregnancy and through a child's second birthday.

Visitas de enfermera al hogar para madres primerizas

Safe Care

Ages/Edades 0-5
970.415.2668

941 Central Park Dr., Ste. 101, Steamboat
northwestcoloradohealth.org

Parent support providers help parents build on their existing skills in the areas of parent-child interactions, home safety and child health.

Los proveedores de apoyo a los padres les ayudan a mejorar sus habilidades en los ámbitos de la interacción entre padres e hijos, la seguridad en el hogar y la salud infantil.

Youth Resiliency Program

Ages/Edades 5-22
970.846.0787

480 Rollingstone Dr., Steamboat
northwestcoloradohealth.org/
youth-resiliency

Help youth learn to communicate their emotions and build self-esteem and self-awareness through creative expression and physical activities.

Ayudar a los jóvenes a aprender a comunicar sus emociones y a desarrollar la autoestima y la conciencia de sí mismos mediante la expresión creativa y las actividades físicas.

Routt and Moffat County

ACRONYMS EXPLAINED / ACRÓNIMOS EXPLICADOS

ADS

Acudetox Specialist-5 point ear acupuncture protocol to help with substance use and nervous system regulation

Especialista en Acudetox-Protocolo de acupuntura en la oreja de 5 puntos para ayudar con el uso de sustancias y la regulación del sistema nervioso

LAC/CAS

Licensed or Certified Addictions Counselor
Licencias o consejero de adicciones certificadas

LCSW

Licensed Clinical Social Worker, masters level therapist
Trabajador social clínico con licencia, terapeuta de nivel de maestría

LMFT

Licensed Marriage and Family Therapist
Terapeuta matrimonial y familiar con licencia

LPC

Licensed Professional Counselor, masters level therapist
Consejero profesional con licencia, terapeuta de nivel de maestría

LPCC

Licensed Professional Counselor Candidate, provisional license therapist
Candidato de Consejero Profesional Licenciado, Terapeuta Provisional de Licencia

MAT

Medication Assisted Therapy
Terapia asistida por medicamentos

ND

Naturopathic Doctor
Doctor naturopático

NLC, MS, MA

Unlicensed Psychotherapist
Psicoterapeuta sin licencia

NP/APN

Nurse Practitioner-Medical Professionals who can prescribe medication
Enfermera practicante: profesionales médicos que pueden recetar medicamentos

PA

Physician Assistant-Medical Professionals who can prescribe medication
Asistente médico: profesionales médicos que pueden recetar medicamentos

PsyD and PhD

Doctoral Level Psychologist
Psicóloga a nivel de doctorado

RD

Registered Dietitian
Dietista registrado

PEDIATRIC OFFICES / CONSULTORIOS DE MÉDICOS PEDIÁTRICOS

Pediatrics of Steamboat

Ages/Edades 0-20
970.871.1900
940 Central Park Dr., Ste. 201,
Steamboat
pediatricsofsteamboat.com

Pediatrics of Steamboat (Hayden)

Ages/Edades 0-20
970.871.1900
168 S Walnut St., Hayden
pediatricsofsteamboat.com

Steamboat Medical Group

All Ages/Todas las Edades
970.879.0203
475 Pine Grove Rd.,
Ste. 102, Steamboat
steamboatmedical.com/
services/pediatrics/ 1

PHYSICAL THERAPISTS / FISIOTERAPEUTAS

Alchemy Body and Bike

970.846.9513
424 Lincoln Ave., Suite B, Steamboat
alchemybodyandbike.com

Align PT & Pilates

970.870.0100
1169 Hilltop Park Way, Unit 106B, Steamboat
alignsteamboat.com

Alpenglow PT

970.871.1163
1169 Hilltop Ln., Steamboat

Elevated PT

970.367.7472
1495 Pine Grove Rd., Suite D, Steamboat
elevatedpelvicpt.com

Pregnancy, post partum and female pelvic floor therapy

Embarazo, posparto y terapia de pélvis femenino

Four Points PT

Ages/Edades 12+
970.879.7031
1169 Hilltop Ln., Suite 202B
fourpointsppt.com

Johnson & Johnson PT

Ages/Edades 0+
970.879.4558
1560 Pine Grove Rd., Suite B, Steamboat
ipa.physio/steamboat

Kinetic Energy PT

970.879.8026
1585 Mid Valley Dr. #3, Steamboat
kineticenergypt.com

Mountain Springs PT

All Ages/Todas las Edades
970.819.6252
1880 Loggers Ln., Unit C, Steamboat
mountainspringspt.com

Ski Town PT

Ages/Edades 12+
970.846.3723
429 Oak St., Steamboat
skitownpt.com

UC Health SportsMed Pediatric Therapy Clinic

Ages/Edades 3+ Months
970.871.2370
940 Central Part Drive, Suite 290, Steamboat
uhealth.org/locations/uhealth-sportsmed-
pediatric-therapy-clinic-steamboat-springs/



ROUTT COUNTY
YOUTH SERVICES
COALITION

ROUTT COUNTY PUBLIC HEALTH / SALUD PÚBLICA DEL CONDADO DE ROUTT

Vaccines for Children (VFC) Program

Ages/Edades 0-18
970.870.5341
136 6th Street, Suite 112, Steamboat
co.routt.co.us/641/Public-Health

Provides free vaccines to children who are 18 years old or younger and who are medicaid-eligible, uninsured, underinsured, or American Indian or Alaska Native.

Proporciona vacunas gratuitas a los niños que tienen 18 años o menos y que son elegibles para Medicaid, sin seguro, bajo seguro o nativo de Alaska.

Lead Testing

Ages/Edades 0-17
970.870.5341
135 6th Street, Steamboat
co.routt.co.us/641/Public-Health

Blood lead testing for those younger than 18 years of age.

Pruebas de plomo en sangre para menores de 18 años.

UCHEALTH YAMPA VALLEY MEDICAL CENTER

1024 Central Park Dr., Steamboat Springs, 80487 • 970.879.1322

uchealth.org/locations/uchealth-yampa-valley-medical-center/

Habla Español / Accepts Medicaid

UC Health Yampa Valley Medical Center

All Ages/Todas las Edades
970.879.1322
1024 Central Park Dr., Steamboat
uchealth.org/locations/uchealth-yampa-valley-medical-center/

Hospital services and emergency department

Servicios hospitalarios y departamento de emergencias

Behavioral Health Clinic

Adults
970.875.2633
940 Central Park Dr. Suite 202, Steamboat
uchealth.org/locations/uchealth-behavioral-health-clinic-yampa-valley-medical-center/

Addiction, behavioral health, counseling

Adicción, salud conductual, asesamiento

Birth Center

All Ages/Todas las Edades
970.871.2412
1024 Central Park Dr., Steamboat
uchealth.org/locations/uchealth-birth-center-yampa-valley-medical-center-steamboat-springs/

Birth Center, Obstetrics/Gynecology, pregnancy care and birthing classes

Centro de nacimientos, obstetricia/ginecología, cuidado del embarazo y clases de parto

Cardiac Rehabilitation

970.871.2377
1024 Central Park Dr., Steamboat
uchealth.org/locations/uchealth-cardiac-rehabilitation-yampa-valley-medical-center-steamboat-springs/

Cardiology, Heart and Vascular, Rehabilitation

Cardiología, Corazón y Vascular, Rehabilitación

Diabetes Education

All Ages/Todas las Edades
970.870.1048

1024 Central Park Dr., Steamboat
uhealth.org/locations/uhealth-diabetes-education-yampa-valley-medical-center-steamboat-springs/

Diabetes Management Education Program
Programa de educación para el control de la diabetes

Ear, Nose, and Throat Clinic

All Ages/Todas las Edades
970.875.2727

940 Central Park Dr. Suite 209, Steamboat
uhealth.org/locations/uhealth-ear-nose-and-throat-steamboat-springs/

Ear, Nose, and Throat, facial plastic surgery, hearing, sinus and allergy, sleep health
Oído, nariz y garganta

Emergency Care

All Ages/Todas las Edades
970.879.1322

1024 Central Park Dr., Steamboat
uhealth.org/locations/uhealth-emergency-care-yampa-valley-medical-center-steamboat-springs/

Emergency room & Level 3 Trauma Center
Sala de emergencias y centro de traumatología de nivel 3

Endocrinology Clinic

970.875.2708
1100 Central Park Dr. Suite 1050, Steamboat
uhealth.org/locations/uhealth-endocrinology-clinic-steamboat-springs/

Comprehensive evaluation and long-term management of endocrinology disorders, hormone testing for the complete evaluation of pituitary and adrenal gland function.
Pruebas hormonales para la evaluación completa de la función de la glándula pituitaria y suprarrenal.

Gloria Gossard Breast Care Center

All Ages/Todas las Edades
970.875.2604

1100 Central Park Dr. Suite 1100, Steamboat
uhealth.org/locations/uhealth-gloria-gossard-breast-care-center-steamboat-springs/

Cancer treatment, mammography, other diagnostics
Tratamiento del cáncer, mamografía.

Hayden Sports Med

All Ages/Todas las Edades
970.875.2674

300 S. Shelton Street, Hayden
uhealth.org/locations/uhealth-sportsmed-clinic-hayden/

Physical Therapy and Rehabilitation
Fisioterapia y Rehabilitación

Heart and Vascular Clinic

Ages/Edades 18 and up
970.870.1035

1100 Central Park Dr. Suite 1050, Steamboat
uhealth.org/locations/uhealth-heart-and-vascular-clinic-steamboat-springs/

Cardiology, Heart and Vascular
Cardiología, Corazón y Vascular

Integrative Medicine Clinic

All Ages/Todas las Edades
970.875.2731
970 Central Park Dr. Suite 202, Steamboat
uhealth.org/locations/uhealth-integrative-medicine-clinic-steamboat-springs/

Integrative Care including massage, acupuncture, nutrition counseling, private yoga, Qi Gong
Cuidados integradores que incluyen masajes, acupuntura, asesoramiento nutricional, yoga privado, Qi Gong

Jan Bishop Cancer Center

970.870.1047
1100 Central Park Dr. Suite 2000, Steamboat
uhealth.org/locations/uhealth-jan-bishop-cancer-center-steamboat-springs/

Blood disorders, Cancer treatment, Hematology
Trastornos de la sangre, Tratamiento del cáncer, Hematología



ROUTT COUNTY
YOUTH SERVICES
COALITION

Neurology

Ages/Edades 18 and up
970.875.2634

1100 Central Park Dr. Suite 1050, Steamboat
uhealth.org/locations/uhealth-neurology-clinic-steamboat-springs/

Neurology evaluation/management, diagnostics, and therapy

Clínica de Neurología

Nutritional Services

All Ages/Todas las Edades
970.870.1048

1024 Central Park Dr., Steamboat
uhealth.org/locations/uhealth-nutrition-services-yampa-valley-medical-center-steamboat-springs/

Medical Nutritional Therapy

Teoría médica nutricional

Oak Creek SportsMed

All Ages/Todas las Edades
970.736.2294

300 Main Street, Oak Creek
uhealth.org/locations/uhealth-sportsmed-clinic-oak-creek/

Physical Therapy, Rehabilitation

Fisioterapia, Rehabilitación

Occupational Medicine

970.875.2750

1600 Mid Valley Dr., Steamboat
uhealth.org/locations/uhealth-occupational-medicine-clinic-steamboat-springs/

Alcohol testing, drug screening, lab services, rehabilitation services, occupational medicine

Pruebas de alcoholemia, detección de drogas, servicios de laboratorio, servicios de rehabilitación, medicina del trabajo

Orthopedics

All Ages/Todas las Edades
970.875.2613

1024 Central Park Dr., Steamboat
uhealth.org/locations/uhealth-orthopedics-yampa-valley-medical-center-steamboat-springs/

Orthopedic Care

Cuidado Ortopédico

Pain Management Clinic

970.871.2363

1100 Central Park Dr. Suite 1050, Steamboat
uhealth.org/locations/uhealth-pain-management-clinic-steamboat-springs/

Pain Management

El manejo del dolor

Palliative Care

970.875.2647

1100 Central Park Dr, Suite 1050, Steamboat
uhealth.org/locations/uhealth-palliative-care-clinic-steamboat-springs/

Chronic illness and support services

Servicios de apoyo y enfermedades crónicas.

Pediatric Heart and Vascular Clinic

Birth to 18

970.871.2547

1100 Central Park Dr. Suite 1050, Steamboat
uhealth.org/locations/uhealth-pediatric-heart-and-vascular-clinic-steamboat-springs/

Pediatric cardiology, heart and vascular

Cardiología pediátrica, cardíaca y vascular.

Pediatric SportsMedClinic

Ages/Edades 0-18

970.871.2370

940 Central Park Dr. Suite 29, Steamboat
uhealth.org/locations/uhealth-sportsmed-pediatric-therapy-clinic-steamboat-springs/

Physical Therapy, Occupational Therapy, Speech-Language Therapy

Fisioterapia, terapia ocupacional, logopedia

Pharmacy

All Ages/Todas las Edades

970.875.2771

1024 Central Park Dr., Steamboat
uhealth.org/locations/uhealth-pharmacy-yampa-valley-medical-center/

Prescriptions

Prescripciones

Plastic and Reconstructive Surgery Clinic

970.498.8800

940 Central Park Drive Suite 209, Steamboat
uhealth.org/locations/uhealth-plastic-and-reconstructive-surgery-clinic-steamboat-springs/

Plastic and reconstructive surgery and non-surgical treatments

Cirugía plástica y reparadora y tratamientos no quirúrgicos

Pulmonology Clinic

970.224.9102

1100 Central Park Dr. Suite 1050, Steamboat
uhealth.org/locations/uhealth-pulmonology-steamboat-springs/

Pulmonary and sleep disorders

Trastornos pulmonares y del sueño.

Rheumatology Clinic

Ages/Edades 18 and up

970.875.2619

1100 Central Park Dr. Suite 1050, Steamboat
uhealth.org/locations/uhealth-rheumatology-clinic-steamboat-springs/

Musculoskeletal and autoimmune conditions

Condiciones musculoesqueléticas y autoinmunes.

Sleep Lab

Ages/Edades 8+

970.871.2342

1024 Central Park Dr., Steamboat
uhealth.org/locations/uhealth-sleep-lab-steamboat-springs/

Sleep Disorders

Trastornos del sueño

Women's Care Clinic

All Ages/Todas las Edades

970.879.3738

1100 Central Park Dr. Suite 1000, Steamboat
uhealth.org/locations/uhealth-womens-care-clinic-steamboat-springs/

Obstetrics/Gynecology, Pregnancy Care, Women's Health

Obstetricia/ginecología, atención durante el embarazo, salud de la mujer



PARKS PARQUE

STEAMBOAT

Bear River Skateboard Park

1834 Lagoon Ct., Steamboat

Brooklyn Park

115 Howelsen Pkwy., Steamboat

Caseys Pond

2780 S. Lincoln Ave., Steamboat

Dr. Rich Weiss Park

125 Lincoln Ave., Steamboat

Emerald Park

900 Pamela Ln., Steamboat

Fetcher Park

1795 Fetcher Park Dr., Steamboat

Heritage Park

27285 Brandon Cir., Steamboat

Howelsen Park

401 Howelsen Pkwy., Steamboat

Little Toots Park

55 12th St., Steamboat

Memorial Park

325 2nd St., Steamboat

Rita Valentine Park

1010 Anglers Dr., Steamboat

River Creek Park

2965 S. Lincoln Ave., Steamboat

Rotary Park

1600 Mt. Werner Rd., Steamboat

Ski Town Lions Park

585 Yampa St., Steamboat

Ski Town Park

2550 Pine Grove Rd., Steamboat

Snake Island

101 Lincoln Ave., Steamboat

Spring Creek Park

39185 RCR 34, Steamboat

Steamboat Springs Park

1015 13th St., Steamboat

Stehley Park

550 North Park Rd., Steamboat

Stockbridge Park

1505 Lincoln Ave., Steamboat

Strawberry Park Field

5100 Amethyst Dr., Steamboat

West Lincoln Park

1305 Lincoln Ave., Steamboat

West Side Park

3030 Abbey Rd., Steamboat

Whistler Park

1530 Meadow Ln., Steamboat

OAK CREEK

Decker Park

519 Moffat Ave., Oak Creek

Highlands Playground

426 Bell Ave., Oak Creek

Pump Track Bike Park

227 W. Williams St., Oak Creek

Mountain Park

Oak Creek

HAYDEN

Dry Creek Park

513 South Poplar St., Hayden

Hayden Skate Park

350 South Poplar St., Hayden

Hayden Town Park

229 South 3rd St., Hayden

Main Street Park

101 S Chestnut St., Hayden

YAMPA

River Park

Moffat St., Yampa

Yackey Park

Intersection of Main and 1st St., Yampa

PRESCHOOLS PREESCOLARES

PRESCHOOL SEARCH AND SUPPORT / BÚSQUEDA Y SOPORTE PREESCOLAR

Child Care Network

Ages/Edades 0-5
970.879.7330
2875 Village Dr., Steamboat
familydevelopmentcenter.org/
child-care-network

**Referrals for child care,
training for child care provid-
ers, and child care resources
for the community**

*Información, recursos, capac-
itación y abogacía para el cuidado
de niños*

First Impressions of Routt County

Ages/Edades 0-8
970.875.4229
135 6th St., Steamboat
firstimpressionsrouttcounty.org

**Early childhood resources,
connecting families to child
care, tuition assistance, and
universal preschool.**

*Trabaja para asegurar que todos
los niños tengan acceso a los
recursos que promueven el
desarrollo saludable*

Routt County Dept. of Human Services CO Childcare Assistance Program (CCCAP)

Ages/Edades 0-5
970.870.5280
135 6th St., Steamboat
cdec.colorado.gov/colorado
-child-care-assistance-
program-for-families

**Preschool tuition assistance/
for low income families**

*Asistencia de matrícula preescolar
para familias de bajos ingresos*

PRESCHOOLS / PREESCOLARES - STEAMBOAT

Discovery Learning Center

Ages/Edades 3-6
970.879.5973
2875 Village Dr., Steamboat
familydevelopmentcenter.org
Year-Round/Todo el año

Grandkids Child Care Center

Ages/Edades 2 months - 5 years
970.870.1140
1100 Central Park Dr., Steamboat
facebook.com/GrandKidsChild-
CareCenter
Year-Round/Todo el año

Heritage Park Preschool

Ages/Edades 1-5.5
970.879.7811
27285 Brandon Cir.
heritageparkpreschool.org
Year-Round/Todo el año

Holy Name Preschool

Ages/Edades 2.5-5.5
970.879.8228
514 Oak St., Steamboat
holynamereschool.org
Year-Round/Todo el año

Kids Garden

Ages/Edades 3-5
970.457.4466
345 Anglers Dr., Steamboat
kidsplaygarden.com/steam-
boat-springs
Year-Round/Todo el año

Steamboat Child Care Center

Ages/Edades 8 weeks - 7 years
970.871.5006
3001 S. Lincoln Ave.
steamboat.com/employment/
employee-perks/child-care-center
Year-Round/Todo el año

Steamboat Montessori

Ages/Edades 3-6
970.879.6653
27285 Brandon Cir., Steamboat
steamboatmontessori.org/
classrooms/primary
School Year/Año escolar

Steamboat Springs Early Childhood Center

Ages/Edades 3-5
970.871.3199
220 Park Ave;
39620 Amethyst Dr.
40250 Giant View Dr., Steamboat
steamboatschools.net/
departments/preschool
School Year/Año escolar

Young Tracks

Ages/Edades 2 months - 6 years
970.879.5790
1647 Mid Valley Dr., Steamboat
youngtracks.com
Year-Round/Todo el año

PRESCHOOLS / PREESCOLARES - HAYDEN

Hayden Valley Preschool

Ages/Edades 3-4
 970.276.3864
 300 Breeze Basin Blvd., Hayden
 haydenschools.org
School Year/ Año escuela

Totally Tots

Ages/Edades 8 weeks to 5 years
 970.819.9967
 495 W Jefferson, Hayden
 haydentotallykids.com/totally-tots.html
Year-Round/ Todo el año

CLARK / NORTH ROUTT

North Routt Community Charter School: Early Childhood Center

Ages/Edades 2-5
 970.875.1950
 26999 Eagle Ln., Clark
 northrouttpreschool.com
Year-Round/ Todo el año

SOUTH ROUTT

(Oak Creek, Yampa, Phippsburg)

Soroco Preschool

Ages/Edades 3-4
 970.870.2659
 26 W 5th St., Yampa
 preschool.southroutt.k12.co.us
Year-Round/ Todo el año

IN-HOME PROVIDERS / CUIDADO DE NIÑOS EN CASA

Leneh Wingard - Nature and Nurture Childcare

Ages/Edades 2-5 years
 971.219.2259
 3419 Hiawatha Ct., Steamboat
 leneht.wixsite.com/natureandnurture
School Year/ Año escuela

Monica Demara

Ages/Edades 18mo- 5 years
 970.846.0738
 1108 Longview Cir
Year-Round/ Todo el año

Truie Goldey

Ages/Edades 2 months - 5 years
 970.819.8541
 1360 Indian Trails #23, Steamboat

Christa's Little Learners Childcare

Ages/Edades 2 months - 12 years
 970.819.9651
 6300 Homesteader Ln., Hayden
 christaslittlelearners.com
Year-Round/ Todo el año

Julie Carey - Stellar Beginnings

Ages/Edades 2-3 years
 970.276.7261
 650 W. Jefferson, Hayden
Year-Round/ Todo el año

Katina Kline

Ages/Edades 6 weeks-5 years
 970.276.3431
 680 W. Washington Ave., Hayden
 upwards.com/daycare/katina-kline-daycare
Year-Round/ Todo el año

DROP-IN CHILDCARE AND BABYSITTING / INGRESE AL CUIDADO DE NIÑOS Y NIÑERAS

Kids Garden

Ages/Edades 1-12 years
 970.457.4466
 345 Anglers Dr., Steamboat
 kidsplaygarden.com/steamboat-springs
Year-Round/ Todo el año

Steamboat Babysitting Company

Ages/Edades 0-19
 970.819.7644
 Steamboat - Travel to you
 steamboatbabysitting.com
Year-Round/ Todo el año

SPECIALIZED COMMUNITY RESOURCES

RECURSOS COMUNITARIOS ESPECIALIZADO

ADDITIONAL SERVICES AND RESOURCES / SERVICIOS Y RECURSOS ADICIONALES

Advocates of Routt County

Ages/Edades 5+
970.879.8888 (24/7 Safe Line)
970.879.2034 (office)
465 Anglers Dr., Ste B, Steamboat
advocatesrc.org

Free and confidential services for victims of domestic, sexual abuse, and human trafficking. We provide 24-hour crisis support, emergency shelter for victims, safety planning, support groups and help navigating systems.

Agencia confidencial con servicios a víctimas de abuso doméstico y sexual, brinda apoyo de crisis las 24 horas del día y refugio de emergencia para las víctimas

Brighter World Child Advocacy Center

Ages/Edades 0-18
970.875.6984
465 Anglers Dr. Ste C, Steamboat
brighterworldcac.org

Offers forensic interviewing and support services for youth and families who are alleged victims of violence or abuse. Services are available by referral from law enforcement or DHS

Ofrece seguridad, protección y una amplia variedad de servicios a las víctimas para niños y familias expuestos a la violencia o el abuso. Los servicios están disponibles únicamente por referencia de las autoridades policiales o del

CASA Supervised Family Time

Ages/Edades 0-18
970.531.6160
2550 South Copper Frontage Rd. Suite 112,
Steamboat
kidscasa.org

Provides supervised family time for children and their non-custodial parents.

Proporciona visitas supervisadas que permiten al niño reunirse con los padres que no tienen la custodia en un ambiente seguro, cómodo y libre de conflictos.

CHOW

Ages/Edades 18+
1585 Mid Valley Dr. Unit 4, Steamboat
chowco.org

Hosts meetings centered on mental health and wellness for those in the hospitality industry.

They meet weekly in Steamboat and also offer virtual meetings in English and Spanish
organiza reuniones centradas en el apoyo de bienestar para aquellos en la industria hotelera. Se reúnen semanalmente en Steamboat y también ofrecen reuniones virtuales.

Colorado Mountain College (CMC)

Ages/Edades 18+
970.870.4444
1275 Crawford Ave., Steamboat
coloradomtn.edu

Early childhood education, effective teaching and other classes/degrees offered.

Educación temprana, enseñanza eficaz y otras clases / títulos ofrecidos

Integrated Community

All Ages/Todas las Edades
970.871.4599
443 Oak St., Steamboat
ciiccolorado.org

Education and human services organization dedicated to supporting immigrant families to integrate
Organización de educación y Servicios Humanos dedicados a apoyar a las familias inmigrantes a integrarse

Legal Self-Help

Ages/Edades 18+
970.879.5020 x7
1955 Shield Dr. Unit 200, Steamboat
courts.state.co.us/Self_Help/Index.cfm

Provides self-help assistance to Self-Represented Litigants to facilitate access to the courts
Brinda asistencia de autoayuda a los litigantes auto-declarados para facilitar el acceso a los tribunales

Northwest Rocky Mountain CASA (Court Appointed Special Advocates)

Ages/Edades 0-18
970.531.6160
2550 South Copper Frontage Rd. Suite 112,
Steamboat
kidscasa.org

Provides advocacy services to child victims of abuse and neglect in Dependency and Neglect court cases.

Proporciona servicios de defensa a los niños abusados y descuidados

Partners for Youth

Ages/Edades 7-18
970.879.6141
2673 Jacob Circle, Unit 1, Steamboat
partnersyouth.org

1-1 mentoring for youth in community and school based settings; Youth Action Councils; Youth Mental Health First Aid and Positive Youth Development training for adults

Tutoría 1-1 para jóvenes en entornos comunitarios y escolares; Consejos de Acción Juvenil; Programación de salud mental juvenil

Queer Futures

All Ages/Todas las Edades
Text or call 970.875.6977
480 Rollingstone Dr., Steamboat
queerfuturesco.org

Provides a safe space for LGBTQIA2S+ folks, their families, and their allies to connect, learn, and experience queer joy.

Proporciona un espacio seguro para que las personas LGBTQIA2S+, sus familias y sus aliados se conecten, aprendan y experimenten la alegría queer.

Reaching Everyone Preventing Suicide (REPS)

All People
Office: 970.846.8182
465 Anglers Dr. Unit B, Steamboat
nwcosuicideprevention.com

Provides proactive suicide prevention services, payment gap support for therapy, and complimentary education and training.

Ofrece servicios proactivos de prevención del suicidio, ayudas para cubrir el déficit de pago de la terapia y educación y formación complementarias.

Raise the Future

All Ages/Todas las Edades
303.755.4756 x319
Routt & Moffat County
On site, in-home
Raisethefuture.org

Post-permanency support for families, consultation, and trainings

Apoyo posterior a la permanencia para las familias, consultas y formación

Routt County Riders

All Ages/Todas las Edades
970.736.7072
2730 Downhill Plaza, Unit 106A, Steamboat
routtcountyriders.org

Educates youth and adults on bike safety and maintenance and provides bike match program

Educa a jóvenes y adultos sobre la seguridad y el mantenimiento de las bicicletas y ofrece un programa de emparejamiento de bicicletas.

United Way of the Yampa Valley

All Ages/Todas las Edades
970.879.5605
443 Oak St., Steamboat
unitedwayoftheyampavalley.org

Free Community Thanksgiving Dinner, Financial literacy classes, Go to resource for volunteerism, Human Service Resource and Referral, school supplies for families in need. Serves Routt, Moffat, and Rio Blanco Counties.

Inspira, lidera y une a personas, ideas y recursos para avanzar el impacto comunitario en la educación, la salud, y la estabilidad de ingresos

Yampa Valley Baby Gear Rental

Ages/Edades 0-10
785.218.7887
yampavalleybgrentals.com

Rentals of baby and toddler gear, delivered to you

Alquiler de artículos para bebés y niños pequeños, entregados a usted

ADDITIONAL SERVICES AND RESOURCES / SERVICIOS Y RECURSOS ADICIONALES

Yampa Valley Community Foundation

All Ages/Todas las Edades
970.879.8632
348 Oak St., Steamboat
yvcf.org/scholarships

Scholarships support students in their pursuit of higher education and attainment of academic, trade and life skills."

"Las becas ayudan a los estudiantes a cursar estudios superiores y la adquisición de competencias académicas, profesionales y vitales



DEVELOPMENTAL & DISABILITY SUPPORT / APOYO AL DESARROLLO Y LA DISCAPACIDAD

BOCES

Ages/Edades 3-18
970.879.0391
325 7th St., Steamboat
nwbores.org

Disability, special education, and diagnostic services
Servicios de discapacidad, educación especial y diagnóstico

Horizons Specialized Services

All Ages/Todas las Edades
970.879.4466
405 Oak St., Steamboat
horizonsnwc.org

Provides person centered services and programs for children and adults with developmental delays and cognitive disabilities.

La intervención temprana, apoyo familiar y las exenciones de Medicaid para las personas con un retraso o discapacidad del desarrollo

Hanger Clinic

All Ages/Todas las Edades
970.404.3067
hangerclinic.com/clinics/CO/glenwood-springs/
grand-ave/

Orthotic and Prosthetic service provider offering weekly mobile outreach services

Proveedor de servicios ortopédicos y protésicos que ofrece servicios móviles semanales de divulgación

NorthWest Colorado Center for Independence (NWCCI)

All Ages/Todas las Edades
970.871.4838
3001 S. Lincoln Ave., Suite C8, Steamboat
nwcci.org

NWCCI works with people who have disabilities and seniors to explore options, set goals, develop skills and take action for living more independently.

Proporciona apoyo a los jóvenes con discapacidad

Numotion

All Ages/Todas las Edades
Local Branch: 970.242.3011
National Customer Care: 800.500.9150
numotion.com/

Specialize in CRT equipment including Manual and Power Wheelchairs, Gait Trainers, Specialty Beds, Stenders. Also offer service and repair, limited DME, and other services

Se especializan en equipos de CRT, incluyendo sillas de ruedas manuales y eléctricas, andadores, camas especiales, bipedestadores. También ofrecemos servicio y reparación, equipos médicos duraderos limitados y otros servicios.

DEVELOPMENTAL & DISABILITY SUPPORT / APOYO AL DESARROLLO Y LA DISCAPACIDAD

Steamboat Reading

Ages/Edades 5-18
970.367.7670
100 Park Ave, Ste 203, Steamboat
steamboatreading.org

Supporting youth with dyslexia and other struggling readers and their families with tutoring, assessment, and advocacy.

Apoyando a los lectores con dificultades y sus familias con tutoría, evaluación y abogacía

Yampa Valley Autism

Ages/Edades 0-21
970.870.4263
2201 Curve Plaza Ste. A105, Steamboat
yampavalleyautism.org

Provides therapies, education, programming, and support resources to special needs children, youth, and their families.

Proporciona terapias, educación, programación y recursos de apoyo a niños, jóvenes y sus familias con necesidades especiales.

NEW PARENT SUPPORT / APOYO PARA NUEVOS PADRES

Child Care Network

Ages/Edades 0-8
970.879.7330
2875 Village Dr., Steamboat
familydevelopmentcenter.org/
child-care-network

Child care resource and referral agency in Routt County.

Información, recursos, capacitación y abogacía para el cuidado de niños

Child Safety Seat Inspections

Ages/Edades 0-12
970.879.7170
2600 Pine Grove Rd., Steamboat
steamboatsprings.net/124/Safety-Education

Free baby/child safety seat inspections and installations provided by Steamboat Springs Fire Rescue

Inspecciones gratuitas de asientos de seguridad de coche para bebés/niños provisto por Steamboat Springs Fire Department

Discovery Learning Center

Ages/Edades 3-6
970.879.5973
2875 Village Dr., Steamboat
familydevelopmentcenter.org/
discovery-learning-center

Provides high quality accredited early childhood care and education in a supportive environment.

Proporciona cuidado y educación de la primera infancia acreditados de alta calidad en un entorno de apoyo.

Dolly Parton's Imagination Library

Ages/Edades 0-5
865.428.9606
imaginationlibrary.com/us/affiliate/
COROUTT/

Gifts free books to children from birth to age five.

Regala libros a los niños desde el nacimiento hasta los cinco años.

Family Development Center

Ages/Edades 0-6

970.879.5973

2875 Village Dr., Steamboat
familydevelopmentcenter.org

Provides parents with the supports they need to be the best parents they can be. Programs include Newborn Network, Child Care Network, Discovery Learning Center and Summer Camp.
Brinda a los padres con los apoyos que necesitan para ser los mejores padres que puedan ser

Fatherhood Program of Routt County

970.870.5289

135 6th St., Steamboat

co.routt.co.us/956/Fatherhood-Program
Facebook: facebook.com/dadswz"

One-on-one support, workshops, bonding activities, education, discussion groups, and guidance for dads.
Apoyo personalizado, talleres, actividades de vinculación para padres

La Leche League of Steamboat Springs

970.846.2801

llsteamboatsprings.weebly.com

Breastfeeding support, encouragement, information and education
Apoyo, estímulo, información y educación a la lactancia materna

Newborn Network

Ages/Edades 0-36 months and pregnant mothers

970.879.0977 ext. 1

2875 Village Dr., Steamboat
familydevelopmentcenter.org/newborn-network

A parent education and networking system serving all families from birth to 36 months of age
Un sistema de educación para padres que sirve a todas las familias desde el nacimiento hasta los 36 meses de edad

Parents As Teachers

Ages/Edades prenatal-3

970.879.0977 ext. 1

2875 Village Drive, Steamboat
familydevelopmentcenter.org/newborn-network

Promotes the optimal early development, learning and health of young children by supporting and engaging their parents and caregivers.
Promueve el desarrollo óptimo, aprendizaje y la salud de los niños pequeños a través de apoyo y la participación de sus padres y cuidadores

Steamboat MOSS (Mothers of Steamboat Springs)

Mothers

573.818.8011

736 Oak Street, Steamboat
facebook.com/SteamboatMOPS

A program for mothers to connect with other local Moms. Child care is provided.
Programa de acercamiento para madres desde el nacimiento hasta el kindergarten

SafeCare Colorado

Ages/Edades 0-5

970.870.4119

940 Central Park Dr., Ste. 101, Steamboat
northwestcoloradohealth.org/safecare

A free, voluntary parent support program for parents and caregivers with children ages five and younger.
Un programa gratuito de apoyo voluntario para padres de su hogar para padres y cuidadores de niños

Sage Life Parenting Lauren Patton, IMH-E, LLLI

Ages/Edades 0-3

970.846.2801

Routt County
sagefamilyparenting.com

Infant Family Specialist, Prenatal and postpartum support, mental health and wellness coach, night time parenting and sleep support, breastfeeding expert
Especialista en familia infantil, apoyo prenatal y posparto, coach de salud mental y bienestar, apoyo a la crianza y el sueño nocturno, experta en lactancia materna.

SPIRITUAL YOUTH GROUPS

GRUPOS JÓVENES ESPIRITUALES

Anchor Way Church

970.879.7062
40650 Anchor Way, Steamboat
anchorway.com

Bear River Young Life

Ages/Edades 15-18
970.629.9600
Hayden
bearriver.younglife.org

Concordia Lutheran Church

Ages/Edades 15-18
970.879.0175
755 Concordia Ln., Steamboat
steamboatlutheran.com

Euzoa Bible Church

Ages/Edades 5+
970.879.0123
32305 RCR 38., Steamboat
euzoa.com

Har Mishpacha

970.457.4270
736 Oak St., Steamboat
harmishpacha.org

Heart of Steamboat United Methodist Church

Ages/Edades 12-18
970.879.1290
736 Oak St., Steamboat
umcsteamboat.org

Holy Name Catholic Parish

970.879.0671
524 Oak St., Steamboat
catholicsteamboat.org

Iglesia Camino de Liberacion Colorado

970.291.7183
1205 Hilltop Ln., Steamboat
caminodeliberacion.org

Sk8 Church

Ages/Edades 6-21
970.879.2222
2851 Riverside Plz., Steamboat
steamboatsk8church.com

St. Paul's Episcopal Church

Ages/Edades 0-18
970.879.0925
846 Oak St., Steamboat
steamboatstpauls.org

Steamboat Christian Center

Ages/Edades 0 to 18
970.879.0063
821 Dougherty Rd., Steamboat
gvchristian.com/ministries/nextgen

Steamboat Springs Young Life

Ages/Edades 12-18
Steamboat
e: aaron@ylsteamboat.org
young-life-steamboat-co72.343f.brandcast.io

Venue Church

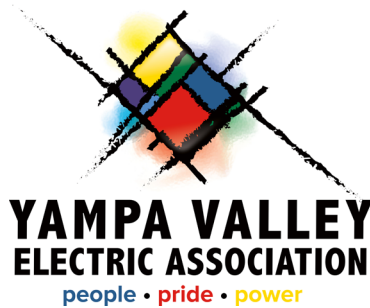
970.367.7673
427 Oak St., Steamboat
venuechurch.org



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SBNY

www.youthinroutt.org